



Newsletter of Physical Disability Australia Ltd

Summer 2011

Contact us:

PO Box 38, Willawarrin, NSW 2440

Ph: 02 6567 1500 (9am - 5pm Monday to Friday)

1300 781 786 (cost of local call)

Email: pda@pda.org.au Web: www.pda.org.au Facebook:

<http://www.facebook.com/group.php?gid=124003312598>

PDA NEWS!

PDA has had to defer the 2010 – 2011 Annual General Meeting (with approval by ASIC) the registration body of many national organisations in Australia. The reason for this delay is that our funding contract was delayed and we were unable to meet the deadline for travel/accommodation and other costs to attend the planned date of 27th November. Fortunately we had time to notify most people, however if anyone was affected by this change, please accept our apology for the inconvenience. The new date is:

27th January, 2012

2.30pm

Teleconference

(See further information inside newsletter)

There will be additional places available, for anyone who would like to participate, so if you are interested, please contact us by email: pda@pda.org.au or phone: 02 6567 1500 and we will register you as interested in participating and supply you with dial in details at a later date. Please note: there will only be about 20 additional places.

---000---

EXPRESSION OF INTEREST: Board members needed in the following states/territories:

1. New Board members needed for **Australian Capital Territory** and for **Queensland**. The ideal person will be someone who has been on committees before, understands the work and needs of PDA and willing to work toward a better world for people with physical disability. Training will be provided.
2. Volunteers needed to participate in any of the following:
 - Aids and Equipment Project – need people from Qld, Victoria, NSW, to make up the full committee.
 - Ageing and Disability Project – need people interested in this issue to participate in a committee setting
 - Wellness and Health Issues for people with physical disability – committee members needed.
 - Obstacles to employment – we need information and instances of the obstacles people with physical disability experience in attempting to gain employment. This can include lack of training, lack of personal support, lack of jobs available, discrimination, no transport and many more. However we want to be able to document these instances into a full report to government.

Editorial – Sue Egan

Squeaky clean? Almost!

As we move toward the end of this year, much faster than some of us would like I dare say, we need to reflect on what we have achieved this year from January to December, 2011

There is no denying it has been a difficult year for PDA. Firstly we were placed under the scrutiny of our funding body who cited complaints received from former directors of PDA. Whilst this in itself is not unheard of, and it is appropriate if there are wrongdoings perceived within a publicly funded organisation, some could say it was a good way of cleaning out the cobwebs. Those of us who work for PDA unpaid or paid, experienced hard going and at times, the end of the tunnel was definitely not to be seen.

In October last year, questions were asked in Senate Estimates in Parliament, about the operations and finances of PDA and how these were managed or not managed. One of the Senators present at the time, called for a 'please explain' which came to us via the same funding body who had received complaints.

Following written responses to these questions, we believed the matter was over. However, in February we underwent a review by KPMG, with representatives spending 2 days in the office going through all documents and paperwork for the past 3 years and the resulting report was on the website of PDA for the past 6 months. The outcome of the review was that there were recommendations for tightening up some of the processes within PDA, which has been achieved and a report from PDA on how this has been done will be the next follow up document placed on the website in the new year.

In June PDA was further asked to participate in a complete financial review, covering every receipt, every bank statement, and every financial transaction of PDA for the past 3 years. Again this was from complaints of inappropriate spending by former director or directors.

Again the reviewers (this time from the funding body and not KPMG) spent time in the office to undertake this review. A report was produced but has not been placed on website under advice from funding body. This report stated:

“Physical Disability Australia is addressing its governance arrangements and processes in line with the recommendations of the independent review undertaken by KPMG and provided to the Department in May 2011.

The [funding body] is closely monitoring ongoing funding to Physical Disability Australia to ensure the organisation is meeting the requirements of the funding agreement.

All available information has been assessed and there is insufficient evidence to support further investigation.”

As a result of the two reviews and Parliament questions, and difficult times for PDA, there were further problems in store with the departure of 4 Directors over the past few months. For one reason or another, mostly because I believe they were mighty sick of the accusations and reviews, criticism and not being able to function like the organisation we should be. PDA has lost some good people,

and spent an extraordinary amount of time responding to criticisms and participating in reviews as well as going through all of our existing policies and ensuring these were all in place. As a result our contract was late in being signed, signalling more delays in working to better the lives of people with physical disability.

Now these issues are behind us. We are slowly picking up the pieces and aiming to be back better and brighter than ever in the New Year.

For those of you who have supported us and me in particular during this time, thank you. To those who were pointing fingers, I hope that the outcomes of the reviews are adequate to show that this is a fully functioning and financially responsible organisation.

May I take this opportunity to wish you all a Merry Christmas, and a safe and happy festive season. See you in the New Year 2012!

---000---

Leaders for Tomorrow

TAFE New South Wales Hunter Institute has been selected as the national provider to deliver a program to develop the leadership skills of people with disability.

Parliamentary Secretary for Disabilities and Carers, Senator Jan McLucas, today announced that TAFE NSW Hunter Institute will receive \$2.9 million over four years to deliver the *Leaders for Tomorrow* program.

Leaders for Tomorrow is a new national program to help people with disability become leaders in business, the community and government through mentoring and leadership development.

"By linking participants with appropriate training, support and mentoring, *Leaders for Tomorrow* will develop participants' skills and confidence to become leaders in business, the community and government," said Senator McLucas.

"They will be equipped with the tools to become leaders and help them overcome barriers into work and education."

TAFE NSW Hunter Institute has extensive experience in providing individualised programs and support and will lead a consortium with disability consultants, E-QUAL (Enhancing Quality), to deliver an individualised support service for people with disability throughout Australia to facilitate leadership skills development.

The consortium will work with business, government, community and disability organisations to provide up to 12 months training for around 200 people and develop individual leadership development plans for all participants of the program.

Leaders for Tomorrow deliver on another Gillard Labor Government election commitment and are part of our \$11 million accessibility package to remove barriers and expand opportunities for people with disability and carers.

Senator McLucas said that the *Leaders for Tomorrow* program supported the work being done around Australia as part of the National Disability Strategy.

The strategy sets a 10-year reform plan for all governments to address the barriers faced by Australians with disability and will ensure that mainstream services and programs including healthcare, housing, transport and education, address the needs of people with disability.

For information about the *Leaders for Tomorrow* program, please call 1800 668 689 or e-mail leadersfortomorrow@fahcsia.gov.au.

Applications opened in **early July 2011** with the Application Package being available on this site: <http://www.hunter.tafensw.edu.au/lft/Pages/default.aspx>

PDA COMMENT: *This is a large financial project with few outcomes to date, so PDA would be interested in following this up, in another 12 months' time. EO*

--00--

Leaders for Tomorrow program

PDA asked Catherine Starling, Manager, NSW Consumer Support and Training Project at Hunter TAFE to answer a few questions to give some indication of how the program will work?

How will one TaFE accommodate all of Australia with a National program such as this?

The Leaders for Tomorrow (LFT) Program will be run through the consortium of Hunter TAFE and E-QUAL (Enhancing Quality) in WA.

Leadership Facilitators are currently in place to service each state and territory.

How will the program work? Is it a course type structure where people need to attend the Hunter Tafe campuses? An online course? Community based within organisations whereby they will facilitate the leadership program?

The LFT Facilitators will undertake Individual Leadership Development Programs with each participant and then structure a pathway to meet those leadership goals.

Over a 12 month period participants will have access to training, coaching, mentoring and other leadership development opportunities based on their individual interests and needs.

The training and support that is provided will be as broad and varied as the participant's interest and aspirations and may range from participating in training about governance to learning skills needed to coach a sporting team.

This may include face to face, online TAFE training or training provided by another RTO, whichever is the most suitable to meet their needs.

Will there be tutors at local Tafe's around the country that participants can call on?

The participants can call on their own specific Leadership Facilitator for support and/or referrals to appropriate support networks.

How much experience in disability will these tutors have?

The Leadership Facilitators all have between 10 and 30 years of experience working with people with all types of disability, of all ages, with the full range of support needs, in a variety of settings.

How will the program be adapted to accommodate the diversity of all disabilities?

The program is committed to including a variety of participants reflecting the diversity of the Australian community. It is expected that participants will be made up of people from diverse background and cultures, from metropolitan, rural and remote communities, with a range of age, gender and disability.

To accommodate this diversity, each participant's leadership pathway will be unique and will be tailored to match their goals and interests as identified in consultation with their Leadership Facilitator.

What are some of the consortiums that will be involved?

The consortium is made up of Hunter TAFE and E-QUAL (Enhancing Quality). An Advisory Group of respected leaders from across Australia from the government, business and community sectors to support and guide the program has been put in place.

How will 'success' be measured?

Success will be measured by the participant, in terms of having reached their leadership goal. Evaluation will be undertaken by all stakeholders involved in the LFT Program.

Is there a cost to the individual?

There is no cost to participants. The program will also cover the costs of:

- Travel and accommodation costs for the retreat (workshop)
- Course costs
- Conference costs
- Carer or other support costs
- Interpreters
- Child Care

The one thing participants will need to contribute is their time during the year they take part in the LFT program.

Leaders for Tomorrow are an individual leadership development program which has been funded by the Australian Government Department of Families, Housing, Community Services and Indigenous Affairs to develop the leadership capacity of people with disabilities.

Will there be people with disability tutoring potential leaders of tomorrow?

People with disability included at various levels e.g. on advisory group, as LFT staff members, as mentors etc.

What is Physical Disability?

In each newsletter we will be featuring people with varying disabilities, in order to develop a picture of what physical disability is and how varied they can be. The first disability featured is Juvenile Dermatomyositis. This is Joanne Hutchins story of living with JDMS.

Juvenile Dermatomyositis (JDMS)

My story with disability began in the 1980s when I was six. My condition began with a purple and red skin rash but doctors in the small Blue Mountains town where I lived had never seen this and could only recommend trialling various creams and the wearing of plastic gloves in bed. It wasn't until the muscle weakness appeared, with me tripping and having trouble with everyday tasks, that I was sent to specialists in Sydney. A muscle biopsy confirmed my diagnosis – Juvenile Dermatomyositis. Thus began the weekly and then monthly journeys to Randwick Children's Hospital.

Little was known about the condition at that time and as a result a diagnosis was not made for several months after my first symptoms appeared. Once diagnosed I began to decline rapidly. I don't remember a lot from my childhood; just moments here and there that have stuck with me, like the liver biopsy that at age eight terrified me when seeing the six inch needle. Such tests were obligatory in order to check that the medications I was on weren't having a damaging effect on my organs. I was on an endless list of medications over the years, including the immunosuppressant drugs methotrexate and cyclosporine, however the main medication to treat JDMS is high dose steroids.

Immunosuppressant drugs are used because JDMS is an auto-immune disease. The blood vessels under the skin and in the muscles become inflamed due to the immune response. However, unlike with a normal immune response, it doesn't turn itself off, therefore the muscle and skin becomes damaged. This damage has left me with little muscle tissue and therefore little strength. At age eight the weakness became so debilitating that I had trouble swallowing, let alone walking and so I began using an electric wheelchair.

The inflammation from JDMS causes extreme pain all over. It is painful to move or to be touched. This makes it difficult to exercise and as a result of that, plus the scarring of the muscles due to the disease, the muscles contract forcing the joints into a bent position.

Calcium or Calcinosis is what I would say is the most evil aspect of JDMS. Small lumps of calcium form in the muscles and under the skin, which cause pain and also prevents muscle movement. This also contributes to contractures. These calcium lumps feel like hard little stones under the skin. It is painful if they are knocked and as a woman it is not pleasant to have a hard, lumpy body when we are technically meant to be soft.

JDMS more often than not goes into remission during adolescence. This was the case for me and at age 16 I underwent a regime of intense physiotherapy as an inpatient at Camperdown Children's Hospital. I 'lived' in a ward at the hospital for 12 months and would do physio and hydrotherapy every day. I was plastered each night – no not in that sense, as much as it drove me to want to – to try to stretch my contracted muscles straight. This was an extremely painful process. While achievements were made, at the end of 12 months it was evident the damage the disease had done could not be reversed. Once lost, muscle simply cannot be regenerated in any great quantity, and my joints, while straighter, were not sufficient to walk with.

The rehabilitation was not futile however. Straighter joints allowed me to do more things independently. Eventually I was able to transfer and toilet independently. Anyone with a disability knows what freedom that allows you.

It feels odd remembering what the disease was like to experience, because thirty odd years after first being diagnosed none of those symptoms remain and I forget how painful and debilitating it was. JDMS has left me in a wheelchair, with weakened muscles and contracted joints, however it is thankfully no longer painful. The only pain I experience is if I bump or drop something on an area where there is a calcium lump, as that hard little rock then bangs against skin, nerves and muscle. On a day to day level things are good. Over the years I have had large kidney stones due to the calcium and I now have Type 2 diabetes – most likely due to long term steroid use – but it is well managed with medication.

My disability has had an enduring effect on me emotionally and mentally. I suffer with depression and experience feelings of isolation, loneliness and frustration, as I'm sure many people with physical disabilities do.

To read more about Juvenile Dermatomyositis you can follow this link:

http://www.arthritis.org/disease-center.php?disease_id=37&df=definition

---000---

Does The Ageing of America Mean The Disabling of America?

Feb, 23 2011.

By Easy Access Staff News

According to the NY Times, New Year's Day, 2011 marked the beginning of the surge of Baby Boomers turning 65 with an estimated 10,000 boomers celebrating their 65th birthday every day. What does this mean to someone who specializes in travel for the disabled & mature? Regarding the "mature" part of that niche, we are not apt to run out of potential clients any time soon especially considering the fact that today's senior citizen is more active and more adventurous than ever before. The real area of expertise, the ability to provide appropriate travel arrangements for persons with disabilities, will be just as well served by the aging of America.

As people age they begin to acquire more and more disabling conditions whether it be from the progression of arthritis, side effects of diabetes, knee and hip replacements, strokes, heart disease, etc. and these people, used to leading very active lives, are not going to give in to what they will merely consider inconveniences. I say, "Good For Them"! There is no reason that getting around at a slower pace or the need to use a mobility aid (wheelchair, walker, scooter, cane) should cause people to give up their dream of spending their retirement years travelling the world. Travel Agents who have carved out a niche serving the needs of disabled persons will be able to educate the newly disabled on how to travel and will inform them about the ever increasing number of accessible destinations around the world as well as turning them on to the ease of cruising.

Today's cruise ships provide some of the most accessible vacations possible combined with the added security of knowing there is always expert medical care available in case of an emergency.

So, I see a big need to get the word out to the baby boomer generation that there are travel agents who are better equipped to help them with their special needs if that time arises. I am constantly amazed at how many people are totally surprised when I tell them what I do.

The typical response is, "I never knew there was such a specialty". I'm sure the powerful combination of Facebook, Twitter and Blogging will help spread the word very quickly. Of course the true goal is to

make the tourist industry inclusive, accessible for all, so that special arrangements won't have to be made for people with special needs. Unfortunately, while I see that as a real possibility in the future, it will be a long time before true access for everyone is a reality.

---000---



Cripples have many (many) reasons to be angry

by [The Angry Cripple](#)

23 Feb 05:40am

Last week, The Punch introduced you to The Angry Cripple, a new anonymous contributor. This week, AC explains that despite the complaints of some, s/he will remain anonymous, and reveals the source of the name.

I'm angry for good reason. I've used the word cripple for good reason. And I'm anonymous because I have to be...

Pic: CARA.

Sometimes life's a beach; sometimes, a bitch.

Whatever I write, some will agree and others will disagree. Some will be downright nasty. I

read on another forum that if I turn out not to be a person who uses a wheelchair, there will be blood.



So, my anonymity will remain. It doesn't matter who I am. I could be a parent or carer of a person with a disability, a deaf-blind actor, a teacher at a special school, a student with MS, or a person with a severed spinal column.

So get over it. There are plenty of more important things to worry about.

Like kids with autism being king-hit at school while others kids watch. Like people still living in institutions that reek of stale piss with 20-year-old faded prints of kittens in bows on the walls, slurping from bowls of lukewarm gruel that has been driven for an hour from "central" to save staff from cooking on-site.

Like children in wheelchairs they outgrew three years ago deforming their growing spines. Like our mentally ill being locked in prisons for lack of treatment options.

This is not some bullshit made-up list. It's not even exaggerated. I have seen all of these things.

So yes, I'm angry. I have a right to be. And I've become sick of waiting for bureaucrats, parliamentarians and governments to do something about it. If my voice can anger you enough, if it can make you talk, if it can make you consider that disability could happen to any one of us, at anytime, then maybe you will start raising your voice too.

And I'll tell you where the name for the column came from.

I saw this guy a few months ago. I'd been terrified to meet him having followed his posts on a networking site for a while. He calls himself a "crip" and he's probably the most bitter and twisted person with a disability I've ever managed to avoid.

Anyway, his contributions on this Facebook page were always pretty pointy, often downright nasty and I had vowed to dodge him as long as humanly possible.

I got it all wrong.

We were at some conference, when I saw him outside, alone, with his crocheted op-shop nanna rug on his crippled lap, head down, looking for all the world like his dog had just died. I went to see if I could be useful.

Turns out he'd been listening to some bloke talk about life after breaking his back in a "compensable" accident. An accident that was deemed someone else's fault, which meant he got an insurance payout. He was talking about how he'd gotten his camper trailer retrofitted to be wheelchair accessible, and how he hired his wife as his support worker, and he'd bought an off-road wheelchair so they could still do the big trip around Australia they'd planned together with their six-year-old daughter.

The Crip wasn't so lucky. He didn't have anyone to blame for his disability.

He was born with a major physical disability and spent his childhood, abandoned by his parents, in institutions and a series of foster homes. He's got no "carers" in his life, but a series of ill-educated, poorly paid, transitory support workers. He only gets to shower twice a week (unless a public holiday means he misses one), and he has to go to bed at night at whatever time the worker turns up.

He's not allowed to hire his own workers, or choose his own wheelchair, and his \$379 pension per week ain't payin' for no adapted caravan. Actually, that loot barely pays his rent and food, let alone his medications, his catheters or the taxi to the doctors. He gets 1.5 return trips per week by accessible taxi subsidised, and the rest is full fare. The buses don't all have ramps, so he can't rely on them either.

Compensable guy lives a decent life. Not flash, but human.

The Crip is stuffed. The Crip is angry.

PM and Premiers agree on national disability scheme

Katharine Murphy | The Age

August 20, 2011



Prime Minister Julia Gillard speaks with Victorian Premier Ted Baillieu ahead of the Council of Australian Governments meeting yesterday. *Photo: Alex Ellinghausen*

A LANDMARK national disability scheme is a step closer, with the Prime Minister and premiers agreeing to develop by the end of this year a framework to eventually deliver it.

West Australian Premier Colin Barnett, who had attacked the plan as an effective Commonwealth takeover of disability, was more positive yesterday. Mr Barnett told a media conference he had always had an "open mind" on the disability scheme.

Mr Barnett said he had given in-principle support yesterday on the basis the Gillard government had been more collegiate than during the fraught discussions of the national health reform agreement.

He said he was happy to provide support on the basis that governance and funding for the scheme was still to be determined in talks between the Commonwealth and the states. The first national health deal had "fallen apart" because Canberra had taken a different attitude, Mr Barnett said.

The Productivity Commission recommended a new national insurance scheme, governed by a national regulator, be implemented in order to fix the "broken" disability funding system.

But yesterday's show of co-operation suggests governments are more likely to pursue a "federated" model for the system, with states retaining some control - a policy model the Productivity Commission regarded as less optimal than the single national scheme.

Prime Minister Julia Gillard has signalled the scheme will be delivered, but not quickly, given its high cost. The Productivity Commission estimated it would cost an additional \$6.5 billion a year.

Yesterday's agreement is only the first step - the foundation work - in what will be a long process.

Friday's COAG also signed off on reforms to transport regulation, provided a forum for a significant discussion on mental health, and tidied up elements of the national health reform agreement that has now been endorsed by the states.

The leaders resolved to discuss capital city strategic planning at their next gathering, with Victoria agreeing to undertake work on the issue of planning controls.

Premier Ted Baillieu asked for a Productivity Commission inquiry into costs in the building industry - part of broader push by parts of the Coalition for industrial relations reform - but it was rebuffed by Ms Gillard.

---000---

Entrance Solutions: Smart Systems SA are Entrance Solutions experts. We are Adelaide owned and operated and have been installing door and gate automation for over 16 years. We have a team of technicians all of which are qualified 'A Class' electricians, backed by customer support and administration staff.

We offer a 24 hour a day, 7 day a week call out service and aim to be on site within 2 hours for emergency calls. Our experienced technicians can service and maintain doors and gates installed by other companies as well as our own. We have experience with all major door and gate automation brands. On top of this, because our technicians are qualified electricians we can assist you with any electrical requirements from a simple power point to a complete rewire. We offer a complete 'One Stop Shop' for all automation and electrical issues.

Our products include:

- Automated Slide, Swing and Revolving Entrance Doors
- Automated Slide, Swing and Cantilever Gates
- Boom Gates
- Turnstiles
- Intercoms
- Security Systems including monitoring
- Access Control Systems
- Roller Shutter Automation (wholesale)
- Window, Louver and Skylight Automation (wholesale)
- Ducted Vacuums

Easy and Secure Entrance Solutions for Home and Office.

- Increased independence for people with disabilities.
- Automated Sliding Doors, Swing Doors, Disabled Toilet Doors, Automated Gates.
- Activated by Push Button, Magic 'Touchless' Button, Remote Control, Radar Movement
- No more battling to open heavy doors or gates.
- Commercial Quality and Reliability
- Open Doors and Gates remotely by Intercom.
- Automated Window Openers, Sensor and more....

If you would like more information on any of our products and services, or would like to discuss how these can be used on any of the projects you are working on, please contact us.

Address: 58 HENLEY BEACH RD, MILE END, S.A. 5031

Phone: (08) 8351 9868 Fax: (08) 8351 9869. Email: info@smartsystemssa.com.au

Web: www.smartsystemssa.com.au

Resources – Books, Reports, Websites, Lists

iSWEAR – innovation, Sustainability, Accessibility & Responsibility

iSWEAR is a website showing government agencies, organisations and businesses striving to become more Sustainable and Accessible. iSWEAR encourages organisations to fill in their details to become part of the website, which will provide a directory for consumers to find the most Sustainable and Accessible places in their region.

You can visit the iSWEAR website at: www.iswear.net.au

---000---

Online Art Project Accessible to All

Collaboration between Google and some of the world's acclaimed art museums enables people to discover and view more than a thousand artworks online in extraordinary detail. Launched on 2 February, www.googleartproject.com uses the same Street View technology used for Google Maps to virtually move around 17 world famous galleries (see list below). Artworks can be viewed in high resolution with text and You Tube videos about artists and the works also available. A feature to create an artwork collection allows users to save specific views of artworks and build a personalised collection.

1. Freer Gallery of Art, Smithsonian, Washington DC
2. Tate Britain, London
3. Uffizi Gallery, Florence
4. Museo Thyssen, Bornemisza, Madrid
5. Rijksmuseum, Amsterdam
6. Museo Reina Sofia, Madrid
7. Van Gogh Museum, Amsterdam
8. The Metropolitan Museum of Art, New York City
9. MoMA, The Museum of Modern Art, New York City

Source: Accessible Arts newsletter – Edition 1, 2011

Annual General Meeting of Physical Disability Australia Ltd

Friday 27th January 2012

2.30pm by Teleconference.

Agenda

Welcome:

Apologies:

Attendance:

Business:

1. Acceptance of Minutes of previous AGM as a true and accurate record.
2. Formal adoption of the new constitution for PDA which has prior approval by members in August/September 2011.

Motion: *“That the constitution of Physical Disability Australia Ltd, approved by members, be accepted as the new constitution for PDA from the time of this motion.”*

Mover and Secunder needed.

3. Annual report 2010 – 2011 (President, Executive Officer, Treasurer reports)
4. Annual Financial Report – 2010 – 2011
5. Appointment of Rendell Ridge of Max Peck & Associates. Tasmania as Auditor for the year 2011 – 2012
6. Board members for 2011 – 2012
7. Office Bearers to be selected at first board meeting following AGM
8. Conclusion of Business for Annual General Meeting.

RSVP: 02 6567 1500 or pda@pda.org.au

for new members or change of address only

Membership Application Form.

Free for people with disability. \$27.50 for organisations + GST



Name:	
Address:	
State: NSW QLD VIC SA TAS NT WA ACT (please circle)	Postcode:
Email Address:	
Phone Number:	
Mobile Number:	
Date Of Birth:	
Gender:	Male/Female (please circle)
<p>Please use the space below to describe your physical disability</p> <p>Please describe the service you offer if you are an organisation</p>	
<p>Please indicate if you would like to receive information via email or post or discussion list?</p> <p><input type="checkbox"/> Hard Copy via mail</p> <p><input type="checkbox"/> Email</p> <p><input type="checkbox"/> Online E-Discussion list</p>	
Signed: _____	Date: _____
<p>Office use only: membership accepted date:</p> <p>Date entered into membership register</p>	

Our contact details:

Physical Disability Australia Ltd
 P O Box 38
 Willawarrin NSW Australia 2440
 Phone: 02 6567 1500
 email: pda@pda.org.au
 web: www.pda.org.au